



Principals Newsletter

BOWER PARK ACADEMY

Friday 17th May 2024

Dear Parent/Carer,

Year 11

Congratulations to our Year 11 students for completing their first full week of GCSE exams. Their behaviour and conduct throughout has been fantastic. We've had brilliant attendances to our breakfast revision sessions, students have been revising hard in lessons and we've had great participation in our after school sessions both in school and on line. We are certain their hard work will pay off when they receive their results in August. The timetable for next week's exams and revision sessions can be accessed via this link <https://tinyurl.com/2caexwpv>. Students were given a printed copy last week. This link contains all exams, students should check their personalised exam timetable carefully on Edulink > Exams.

Attendance to lessons and revision sessions between exams is really important as after each exam, teachers will create "best guess papers," using their professional experience of what things are likely to come up in the remaining exams. Students should use this to their advantage to refine their revision and exam technique. Use the weekend to rest, regroup and revise ready for next weeks exams.

Seneca Learning

All students, regardless of their year, can supplement their learning and revision by using the website www.senecalearning.com. This allows students to revise key content both in key stage 3 and key stage 4. Students should click "Login in with Microsoft" and then use their school email address and password. They can see the classes they are in, which are synced with the courses they study.

St James Coffee Morning

Thank you to all of the Parents/ Carers who attended the Coffee morning at St James Church on Thursday. It was great to meet so many of the BPA family and discuss ideas and suggestions of how we as an Academy can support you. We hope that this successful event will become a regular meeting and look forward to welcoming even more Parents/ Carers in the future.

Year 10 Work Experience

Next week, Monday 20th May- Friday 24th May, Year 10 students will be taking part in work experience. Over 75% of the Year group have found work experience placements through a wide range of industries. This is a great opportunity for students to gain a taster of the world of work and what it has to offer. Teachers will be arranging welfare calls with students to check how they are getting on during the week. We wish our Year 10 students the best of luck.

Warm Weather

As the Spring turns to Summer and we all look forward to the warmer weather ahead, students are reminded to bring a bottle of water to school with them. From next week, students will no longer be allowed to go and get water during lesson time, so we strongly encourage students to bring a bottle that they can refill at break and lunch time in the canteen.

Parents & Carers: Knife Crime Awareness Workshops

Unfortunately, the scary and overwhelming news stories on knife crime are still current in the mainstream media. There has been a 7% increase in the past year (to December 2023).

Join the Ben Kinsella Trust FREE workshop virtually to learn more about topics such as the influence of social media, the signs and stages of exploitation, and how we can prevent young people being affected by knife crime as parents, carers and as a community. **Join their workshop online via zoom, for free, on 22nd May 2024 @ 6:30pm-8:30pm.** Event signup: Parents and Carers workshop | The Ben Kinsella Trust

School Closure dates

May half-term will take place from Monday 27th May- Friday 31st May. Students will return to the Academy on Monday 3rd June.

Please note, the Academy will also be closed to students on Monday 1st July for an INSET Day.

Have a great weekend!

Yours faithfully,



Mr E Aylett
Principal

Parents and carers template letter

Dear parent/guardian,

All schools in the UK have recently been sent information from the National Crime Agency, raising awareness of the recent rise in reporting of financially motivated sexual extortion (a type of online blackmail often known in the media as 'sextortion'). Children and young people worldwide are being targeted.

This type of crime involves an adult offender (often from an organised crime group based overseas) threatening to release nude or semi-nude images and/or videos of a child or young person, unless they pay money, or meet another financial demand, such as purchasing a pre-paid gift card.

Victims of any age and gender can be targets, however a large proportion of cases have involved male victims aged 14-18.

A child or young person is never to blame if they have been a victim. Offenders will have tricked, groomed and/or manipulated them into sharing an image.

Find out more about online blackmail on [CEOP Education's parents and carers website](#).

Talking to your child

It's important to have frequent, open and non-judgemental conversations with your child about relationships, sex and being online to build trust and support them if something goes wrong. Financially motivated sexual extortion should be included in those conversations. Here are some tips about how to approach this:

- **Chat regularly about their life online:** have ongoing conversations with them about their life and time online. Continue to take an interest as they grow, explore new apps and sites together and talk in a balanced way, considering the benefits and the potential harms.
- **Talk about where to find information about relationships and sex:** organisations like [CEOP Education](#), [Childline](#) and [Brook](#) have age-appropriate advice topics such as sexual communication and image sharing. This will help your child to understand what unhealthy relationships look like, such as applying pressure and blackmail; and give them trusted sources of information to explore these topics.

- **Review privacy settings:** talk to your child about the importance of using privacy settings on their accounts to restrict who can contact them. Read CEOP Education's advice on [how to talk your child about their privacy settings](#).
- **Make sure they know where to go for support:** let them know that they can come to you with any concerns and won't be judged. It's also important to make them aware of other trusted adults or sources of support, if they feel they can't talk to you, such as Childline.
- **Make sure they know where to report:** remind your child how you can help them to report an incident to the police or using the CEOP Safety Centre. Let them know that if a nude or semi-nude of them has been shared without their consent, they can take these 3 steps to try and get them removed:
 1. Use [Report Remove](#), a tool from Childline and the Internet Watch Foundation. Your child can use this to remove images that have been shared or might be shared.
 2. Use [Take It Down](#), a tool from the National Center for Missing and Exploited Children. Your child can use this to remove or stop the online sharing of images or videos.
 3. Report directly to the platform or app that the incident has occurred on. For advice on how to report to major social media platforms, visit [Internet Matters](#).

To learn more about what resources are available to help you support your child, visit the [UK Safer Internet Centre](#).

What can I do if this has happened to my child?

If your child tells you that someone is trying to trick, threaten or blackmail them online:

- **Don't pay, do stop contact and block:** you may be tempted to pay, but there is no guarantee that this will stop the threats. As the offender's motive is to get money, once you have shown you can pay, they will likely ask for more and blackmail may continue. If you have paid, don't panic but don't pay anything more. Help your child to stop all communication with the offender and block them on any accounts that they have been contacted on.
- **Avoid deleting anything:** try not to delete anything that could be used as evidence such as messages, images and bank account details.

- **Report to the police or CEOP:** call 101 or 999 if there is an immediate risk of harm to your child. Or you can use the [CEOP Safety Centre](#) to report any online blackmail attempts.

If it has already happened and your child has shared an image and sent money to someone exploiting them:

- **Reassure them that they've done the right thing by telling you:** make sure they know they are not to blame for what has happened and they have done the right thing to ask for your help.
Children and young people's mental health may be negatively impacted by experiences of exploitation; you can [find advice on looking after your child's mental health from the NHS](#).
- **Report to the police or CEOP:** call 101 or 999 if there is an immediate risk of harm to your child. Or you can use the [CEOP Safety Centre](#) to report an incident. If your child is 18 and over, call 101 or 999 if they are at risk of immediate harm.
- **Report any images or videos that have been shared:** help your child to remove images that are online or prevent images being shared online by following these three steps:
 1. Use [Report Remove](#), a tool from Childline and the Internet Watch Foundation. Your child can use this to remove images that have been shared or might be shared.
 2. Use [Take It Down](#), a tool from the National Center for Missing and Exploited Children. Your child can use this to remove or stop the online sharing of images or videos.
 3. Report directly to the platform or app that the incident has occurred on. For advice on how to report to major social media platforms, visit [Internet Matters](#).

Raphael Park Junior Tennis



We are thrilled to announce our new Junior schedule, starting April 2024.

With a brand new coaching team licensed and qualified by the LTA, we offer a range of tennis coaching options for individuals and groups as well as tennis camps.

Our tennis coaching for 4 -16 year olds is packed full of fun games and dynamic training. We believe in encouraging kids to bring their energy to the court, so there's no need for a 'quiet please' here! Our programmes are open to boys and girls of all abilities.

Here is our Sunday schedule

- 9-10am Mini Tennis Red Ball (4-6 years old)*
- 10-11am Mini Tennis Red Ball (6-8 years old)*
- 11-12noon Junior Tennis Orange & Green Ball (9-10 years old)*
- 12-1pm Teenage Tennis (11-16 years old)*

*Please note that bookings are available for 6 week courses.

To secure your child's place, please email us at -
raphaeljuniortennis@gmail.com



Join us at Raphael Park Junior Tennis and let your child discover and enjoy tennis!



Junior and Adult tennis timetable

MONDAY	6.30pm - 8.30pm	Adult Ladies Doubles - beginners/intermediate
TUESDAY	6.00pm - 8.30pm	Adult Club Night - improvers to advanced
WEDNESDAY	10.30am - 12.30pm	Adult Club Social Doubles - improvers to advanced
THURSDAY	10.30am - 12.30pm 6.30pm - 7.30pm	Adult Dementia Tennis Group Adult Beginner Group
FRIDAY	1.00pm - 3.00pm	Adult Handicap Singles League
SATURDAY	1.00pm - 4.00pm 2.00pm - 3.00pm	Adult Social Doubles - improvers to advanced Junior Prime Girls LTA Course
SUNDAY JUNIOR & ADULT PROGRAMME	9.00am - 10.00am 10.00am - 11.00am 10.00am - 11.00am 11.00am - 12.00pm 12.00pm - 1.00pm 2.00pm - 4.00pm	4 - 6 years 6 - 8 years Adult Beginner Group 9 - 10 years 11 - 16 years Adult Competitive Doubles

For further information contact

JUNIOR TENNIS 07885 968237 raphaeljuniortennis@gmail.com

ADULT TENNIS 07787 536665 davidhamtennis@hotmail.com



Havering Active 5-18 years & Para Sports 5-25 years

**BOOK YOUR MAY HALF TERM
HOLIDAY ACTIVITIES NOW**
Tuesday 28 to Friday 31 May 2024

To see all activities available and to
book visit:
www.haveringactive.co.uk



TENNIS CAMPS at HYLANDS

9.30 am to 12 pm or

11.30 am to 2 pm or

9.30 am to 2 pm

Dates: May 28 and 29



**Age 4 to 16 - All abilities welcome - Players will be split into age range
All equipment is provided, please arrive in appropriate sports clothing
with a non-fizzy drinks and a snack.**

**for more details and to book, please email: info@jwtennis.co.uk
including your child's full name and age and emergency telephone number**

Venue: Hylands c/o Hornchurch High School Broadstone Rd RM12 4AJ





Disability Cricket Training- Summer Sessions:

When: Friday 26th April

and every Friday until early September.

Time: 6:30-8pm

**Location: Harold Wood Cricket Club, Harold Wood
Park**

Harold View, Harold Wood,
Romford, Essex, RM3 0NB.

**Fun and accessible
cricket activities!**

**All disabilities and ages welcome
regardless of cricketing abilities.**

For any questions please contact
Bradley Donovan.

bradley.donovan@essexcricket.org.uk

