



Principals Newsletter

BOWER PARK ACADEMY

Friday 4th October 2024

Dear Parent/Carer,

Open Evening

It was great to be able to welcome so many prospective students and parents to Bower Park Academy at Open Evening on Thursday. The evening itself was great fun for all involved with the theme of unlocking students' potential. Students were given the opportunity to take part in science experiments, learning how to ice cakes in Food Technology and think about their future career choices.

We would like to say a massive thank you to the students who volunteered to stay late last night to help at our Open evening. Our students worked as incredible ambassadors showing off their Academy with pride.

Parental feedback was very positive with endless comments regarding our students being polite, helpful, mature, smart and great ambassadors for the school. Thank you also to the many parents who collected their children late to support us with this important evening. It was a huge success and we were very proud of our team effort.

Inner Sparks

Today, Year 8, 9 and 10 students took part in workshops led by Inner Sparks and the Upfront Theatre company. The purpose of these workshops was to get students talking about important topics such as consent and mental health. Students were encouraged to dive into these thought-provoking conversations through engaging theatre which sparked meaningful discussions. We hope students enjoyed the workshops.

Euro 2024 Football winners

A group of students were rewarded with a pizza lunch with Mr Gander for winning the Euro 2024 Football tournament. Team Romania won the lunchtime football 7 a side Euro competition in July beating France 2:1 in the final. Well done Eddy, Elias, Ephraim, Gjek, Taylor, Razvan, Tishawn and Maksym.



School Photographs

School Photographs are now live! If you pre-registered, please check your inbox for your unique access link. If not, please contact them on www.carmeljane.co.uk/pre-registration-support and insert school code: JRM26N4. There are limited time discounts available, so act fast! All photographs will be sent straight to your home address.

BPA Hub

Earlier this week, Parents/ Carers will have received a letter, via Edulink, inviting you to our next BPA Hub at St James Church, RM5 3XL. This meeting will take place on the second Tuesday of every month starting on **Tuesday 8th October from 9:15am-10:30am**. We will be joined by the Mind of the Student and the Empower Learning Director of SEND, Mr Cormac O'Neil, who supports SEND provision across our Trust. For more information, please see letter.

Year 8- Just Like Us Talk

On Tuesday 15th October, 'Just Like Us' will be delivering a talk to Year 8 students discussing the following themes; What it's like growing up LGBT+ and allyship, Age-appropriate explanations of key terms and concepts, Supportive, positive messaging around LGBT+ identities, How young people can tackle anti-LGBT+ attitudes, Myth-busting and breaking down stereotypes and examples of positive and diverse LGBT+ representation, including LGBT+ people of faith. We hope that students will find the talk engaging and it has a positive impact on the Academy's community.

Year 11 College Transfer Evening

On Wednesday 23rd October, we will be hosting our Year 11 College Transfer Evening at 5pm in the South Hall. Students, Parents and Careers will hear about the careers support and provision on offer at Bower Park Academy as well as receive information about post 16 options and next steps. There will be an opportunity to speak with a number of providers including NCC Havering. We look forward to welcoming you then.

KS4 Parent workshop

In an effort to support Year 10 and 11 parents, we have arranged for a team from Learning Performance to hold a practical session, focusing on ways to engage your son/daughter in independent study and revision. **This will be held in the South Hall on 7th November, 6.30pm - 7.30pm, and is for parents only.** Please make a note of this date in your diaries. Further information will follow in due course. For more information about Learning Performance and the work they do, please visit their website [Learning Performance - Learning Performance](#)

Yours faithfully,



Mr E Aylett
Principal



BOWER PARK
ACADEMY



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1st October 2024

Dear Parents/ Carer,

The Bower Park Academy Hub

Reaching out to support Bower Park Families.

Last term in collaboration with St James Church, Chase Cross Road, we invited parents to two meetings to discuss the idea of launching a monthly Bower Park Community Hub to support our families and the wider Collier Row Community.

I am delighted to inform you that from the positive feedback received, the idea has now become a reality.

On the **second Tuesday of every month** starting in October, The Hub will take place at St James Church, Chase Cross Road, RM5 3XL

Refreshments will be served from 9.15am with a time to chat, meet other parents and receive help support and advice from a range of services who support our students and families.

The first meeting of the academic year will take place on Tuesday 8th October from 9:15am-10:30am.

At our first meeting we will be outlining our partnership with **Debt Free London** who provide excellent free online financial support for families across the country and also hear from **The Mind of the Student** Charity who will be offering advice as to how we can best support the well-being of our children.

For more information, please contact our Director of Academy Improvement Mr John Morris.
jmorris@elatschools.co.uk

I hope you will be able to join us for what promises to be an informative meeting.

Kind Regards,

Mr Eddie Aylett
Principal

Bower Park Academy, Havering Road, Romford RM1 4YY

Bower Park Academy is part of the Empower Learning Academy Trust, which is a charitable company limited by guarantee, registered in England and Wales. Registered number: 7702119. Registered office: Marlborough Gardens, Upminster, Essex, RM14 1SF



EMPOWER
LEARNING ACADEMY TRUST

Optimistic October 2024

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1 Write down three things you can look forward to this month

2 Find something to be optimistic about (even if it's a difficult time)

3 Take a small step towards a goal that really matters to you

4 Start your day with the most important thing on your to-do list

5 Be a realistic optimist. See life as it is, but focus on what's good

6 Remind yourself that things can change for the better

7 Look for the good in people around you today

8 Make some progress on a project or task you have been avoiding

9 Share an important goal with someone you trust

10 Take time to reflect on what you have accomplished recently

11 Avoid blaming yourself or others. Find a helpful way forward

12 Look out for positive news and reasons to be cheerful today

13 Ask for help to overcome an obstacle you are facing

14 Do something constructive to improve a difficult situation

15 Thank yourself for achieving the things you often take for granted

16 Put down your to-do list and do something fun or uplifting

17 Take a small step towards a positive change you want to see in society

18 Set hopeful but realistic goals for the days ahead

19 Identify one of your positive qualities that will be helpful in the future

20 Find joy in tackling a task you've put off for some time

21 Let go of the expectations of others and focus on what matters to you

22 Share a hopeful quote, picture or video with a friend or colleague

23 Recognise that you have a choice about what to prioritise

24 Write down three specific things that have gone well recently

25 You can't do everything! What are your three priorities right now?

26 Find a new perspective on a problem you face

27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Plan a fun or exciting activity to look forward to

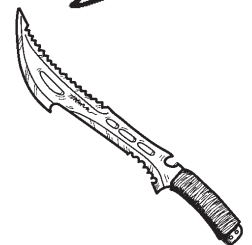
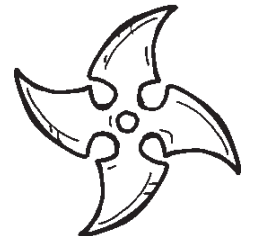
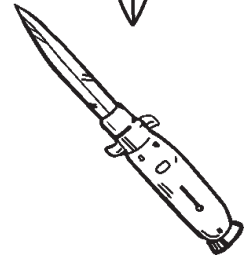
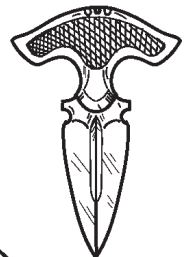
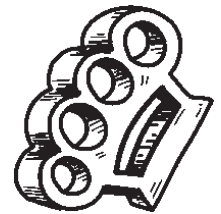
30 Identify three things that give you hope for the future

31 Set a goal that brings a sense of purpose for the coming month



The Offensive Weapons Act 2019

- It is now illegal to possess certain weapons in private places, including your home. This includes items such as knuckledusters, flick knives and telescopic truncheons.
- There will also be changes to the process of buying knives online with enhanced age verification checks at point of sale and collection/delivery.
- Please store and dispose of knives safely to reduce the risk of them being used as weapons.
- Help prevent knife crime by reporting any concerns, including about how they are sold, to the Police or anonymously to Crimestoppers.



To find out more visit the National Business Crime Centre
www.nbcc.police.uk/knifeguidance



October Half Term Activity Days

TUESDAY

29

OCTOBER

Bats & Vampire Craft

1-2pm
2-5 years*
£4

Slime activity

2-3pm
6-12 years
£4



WEDNESDAY

30

OCTOBER

Hocus Pocus Musical

Theatre Workshop
1.30-3.30pm
6-12 years
£6

Please ensure your
child has a drink and
snack (no nuts)

THURSDAY

31

OCTOBER

Monster Party & Crafts

1.30-3.30pm
2-10 years
£6



FRIDAY

1

NOVEMBER

Wizard / Witch hat crafts

1.30-3.30pm
2-12 years
£6



All activities must be booked and paid for in advance
Cancellations only refundable up to 7 days before the activity

***Children UNDER 5 MUST be accompanied by a parent/carer**

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Haverling
LONDON BOROUGH



Bower Park
Academy

DONATE TO YOUR SCHOOL & Receive a Will Writing Service



Did you know?

- 70% of parents with young children don't have a will
- A Will is the only place you can name a guardian
- Loved ones are not guaranteed anything without a Will
- Without a Will social services will deal with children



NATIONAL
WILL WRITERS



www.nationalwillwriters.co.uk/schools